

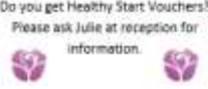
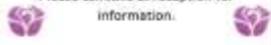
Vendredi
09 février 23



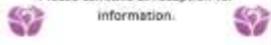
Mission Statement



JAN - APRIL 2023 TIMETABLE- Granby and Dingle Children's Centre @ GRANBY Site, Eversley Street, L8 2TU Telephone- 0151 233 3200

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M O R N I N G	<p>ARTS & CRAFTS (2 YEARS +) Join Kalina for fun arts & crafts. 10:00 -11:00 am 🍌</p>  <p>It is a first come, first served basis 🍌</p> <p>ENGLISH CONVERSATION 10:30 -11:30 am Come along and join our conversation class. Please call us to book your place.</p>  <p>ACTIVE PLAY @ THE SPORTS HALL Please call to book your place on this active course for you and your toddler. Get active and have lots of fun! 09 January 2023 10:00 -11:00 am 🍌</p> 	<p>COMMUNITY PHYSIOTHERAPY CLINIC Appointments only.</p>  <p>BABY STAY AND PLAY - Drop-in For under 1 years 10:00 -11:00 am This does not have to be booked. SPACES WILL BE ALLOCATED ON ARRIVAL. It is a first come, first served basis 🍌 Commences 10th January until 8th February 2023.</p>  <p>TINY TASTERS Parent & child cookery course. This is a 4-week course, please call us to book your place 🍌 Commences 21st February 2023 10:00 -11:30 am</p> 	<p>*NEW* PLAY AND DEVELOPMENT (SEN) Practice the strategies you have learnt from our Early Communication Course 10:00 -11:00 am INVITATION ONLY</p>  <p>MIDWIVES CLINIC Appointments only.</p> 	<p>FOREST SCHOOL Come and join our Forest School - This is a 4-week course and must be booked 🍌 10:00 -11:00 am</p>  <p>SWAN SUPPORT GROUP This support group is for families that have a child with additional needs. Expect guest speakers, have the chance to ask questions and meet other families 🍌 09:30 -10:30 am 12th Jan / 2nd Feb/ 2nd March 2023 Please contact Aysa for more information.</p>  <p>HEALTH SESSIONS If you would like to attend any of these sessions, please call us to check dates and to book a place.</p> <p>INTRODUCING SOLID FOODS Weaning from 6 months+ BUMP, BIRTH AND BEYOND For pregnant women and partners. SAFETY IN THE HOME Information on how to keep your children safe in the home.</p> 	<p>ALEXANDRA ROSE, FRUIT & VEG SCHEME 11:30 -12:30 pm Do you get Healthy Start Vouchers? Please ask Julie at reception for information.</p>  <p>ALL ABOUT BABY 10:00 -11:00 am This course is a 'Play Course' for parent & baby (Babies under 1 years) to attend, have fun, socialise, and experience learning opportunities. This must be booked 🍌 20th January 2023</p>  <p>Drop in for breastfeeding and general feeding support. From 20th January 2023 11:15 -12:15 pm</p> 
	A F T E R N O O N	<p>ALEXANDRA ROSE, FRUIT & VEG SCHEME 12:45 -1:15 pm Do you get Healthy Start Vouchers? You could be eligible and missing out. Please ask Julie at reception for information.</p>  <p>*NEW* JEWELLERY MAKING CLASS 6-week course commencing 9th January 2023.</p>  <p>12:45 -2:45 pm Please call us to book your place.</p>	<p>Please be advised that MANY sessions are BOOKING ONLY, and most are only for families living within our area (simply contact us and check) All bookings must be made over the telephone, or in-person at either centre. Please call: Granby- 0151 233 320 or Dingle- 0151 233 4930 This timetable is correct as of 19/12/2022</p> <p>YOU, ME AND MUM A 10-week course 🍌 Limited crèche available Please call the centre for information Commencing 24th January 2023</p> 	<p>STAY AND PLAY (1-5 YEARS) Children can engage in activities that will help with promoting development and socialisation whilst parents can make new friends. 🍌</p>  <p>1:15 -2:45 pm This is a course, please call us to book. Commences 11th January 2023</p>	<p>ESF – WAYS TO WORK PROGRAMME Would you like our help to find work or training? Pop in or call us to find out what we can offer with this programme of support</p>  <p>EARLY COMMUNICATION Would you like to learn new strategies to help with your child's communication, speech, and language?</p>  <p>Delivered by Aysa. Please call the centre for details, this must be booked 🍌</p> <p>BABY MASSAGE A 5-week course delivered by Leanne. There are no crèche places available. Please call us to book a place on this course 🍌</p> 

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JAN - APRIL 2023 TIMETABLE- Granby and Dingle Children's Centre @ DINGLE Site, Dingle Lane, L8 9UB Telephone- 0151 233 4930

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
M O R N I N G	<p>STAY AND PLAY (1-5 YEARS) Children can engage in activities that will help with promoting development and socialisation whilst parents can make new friends.</p>  <p>09:30 -11:00 am Commences 9th January 2023 This course and must be booked 😊</p> <p>ACTIVE PLAY @ THE SPORTS HALL Please call to book your place on this 5-week course for you and your toddler. Get active and have lots of fun! Commences 9th January 2023 10:00 -11:00 am 😊</p>  <p>ALEXANDRA ROSE, FRUIT & VEG SCHEME 11:30 -12:30 pm Do you get Healthy Start Vouchers? You could be eligible and missing out. Please ask Amanda at reception for information.</p>	<p>MAMAFIT Free Mum & Baby Exercise Class. 10:45 -11:45 am To book a place or find out more go to: www.bookwhen.com/mamafit</p>  <p>THE LIFEROOMS Are you a parent and need some support? Such as: Family and caring responsibilities; Mental health and physical wellbeing; Financial difficulties; Employment and volunteering; Social activities and support networks; Housing issues; Learning or Anything else not listed that is affecting your day-to-day life.</p> <p>Book an appointment or drop in and talk to: The Liferooms Pathway Advisor 9:30 -3:30 pm</p>  <p>Available dates: 17th and 31st January 2023 14th and 28th February 2023</p>	<p>DEVELOPMENT MATTERS DROP IN- Do you have concerns about your child's learning or development? Such as sleep, toilet training, speech, behaviour, and many other topics that you may wish to discuss. Simply come along and have a chat with us.</p>  <p>11th January/ 1st February and 1st March 2023 10:00 -11:30 am</p> <p>COMMUNITY PHYSIOTHERAPY CLINIC Appointments only.</p>  <p>Please be advised that MANY sessions are BOOKING ONLY and are only for families living within our area. All bookings must be made over the telephone, or in person at either centre. Please call: Granby- 0151 233 320 or Dingle- 0151 233 4930 This timetable is correct as of 19/12/2022</p>	<p>WELCOME TO PLAY 10:00 -11:30 am Commences 12th January 2023 This popular fun play course for parents and their children, is all about Play and the benefits of Play. Best of all, everyone gets to play, this course is suitable for toddlers.</p>  <p>Please call the centre if you would like more information or to book 😊</p> <p>HEALTH SESSIONS If you would like to attend any of these sessions, please call us for dates and to book a place.</p> <p>INTRODUCING SOLID FOODS 9:30 -11:30 am Wearing from 6 months+</p> <p>BUMP, BIRTH AND BEYOND For pregnant women and partners.</p> <p>SAFETY IN THE HOME 9:30 -11:30 am Information on how to keep your children safe in the home.</p> <p>DENTAL HEALTH 9:30 -11:30 am Gain important information around your child's dental health.</p> 	<p>ALL ABOUT BABY For under 1 years 10:00 -11:00 am or 11:30 -12:30 pm</p>  <p>This session is a 6-week 'Play Course' for parents & baby (Babies under 1 years) to attend, have fun, socialise, and experience learning opportunities. This must be booked 😊 Commences 13th January 2023</p>

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
A F T E R N O O N	<p>NURTURE PROGRAMME The Nurturing Programme is a 12-week parenting programme that improves the emotional health of both adults and children. It also strengthens family relationships 😊 And it's fun!</p>  <p>Please call the centre for more information and to book your place.</p>	<p>EARLY COMMUNICATION Would you like to learn new strategies to help with your child's communication, speech, and language?</p>  <p>Delivered by Sofina. Please call the centre for details, this must be booked 😊</p> <p>Community OUTREACH</p>  <p>Our Team are out and about in the community today. If you would like a doorstep visit from us, please let us know.</p>	<p>SENSORY BABIES Relaxing and informal session for parents and babies under 1. Feeding support and Bambi's Volunteer are available in this session to answer your questions.</p>  <p>1:00 -2:00 pm Please call us to book your place 😊</p> <p>BABY MASSAGE A 5-week course. There are no crèche places available. Please call us to book a place on this course 😊 3:00 -4:00 pm</p> 	<p>ESF - WAYS TO WORK PROGRAMME Are you eligible? Would you like our help to find work or training? Pop in or call us to find out what we can offer with this programme of support.</p>  <p>FABULOUS FOOD Parent & child cookery course. This is a 4 -week course, please call us to book your place 😊 Commences 19th January 2023 1:00 -2:30 pm</p> 	<p>LIBRARY FUN Come and join Elle for a weekly story and rhyme session at Sefton Park Library. For Parents and children. 2:00 -2:45 pm</p>  <p>Don't forget to follow us on Instagram!  @granbydinglecc</p>

Games
Friends
Fun
Sports
Food
Arts

TEAM OASS
CHILDREN'S CHARITY

MPAC

Winter
HAF
2022

February Half Term Team Oasis Holiday Club 2023

School is closed on Friday 10th February for Staff Training.

Half Term starts Monday 13th February and finishes 17th February.

School re-opens to the children on Monday 20th February 2023

Happy half-term!

COMMUNITY LEARNING

St Cleopas Book Club

Why not come along to our parents book club?

St Cleopas primary school
Starting Thursday 23
February
9:15am - 11:15am

THIS COURSE IS
FREE



This course can help:

- Develop your reading skills, through reading short stories and fun activities
- Develop confidence, whilst improving English speaking skills
- Help support your child's learning too

Register your interest at
bit.ly/GTDT-Interest

If you would like to know more or book a place on the course please contact
n.williams@stcleopas.com



Granby
Toxteth
Development Trust

www.gtddt.co.uk

The community anchor organisation for Toxteth

Our activities are funded by a range of sources including:

